

Replacing the Composite Heel

Refer to the picture on the back of this page.



- Using a 4mm hex wrench, remove the shoulder bolts.
- Using a 4mm hex wrench and a 7/16" or 11mm open-end wrench, remove the M6 flat head screws.
- Remove the composite heel.
- Choose the appropriate length of M6 flat head screws (either 16mm or 18mm) based on the chart below.
- Apply Loctite 242 (or equivalent) to the M6 flat head screws and shoulder bolts.
- Install the M6 special washers onto the M6 flat head screws.
- Install the M6 Heel T-Nuts into the new heel.
- Install the screws with the washers through the shank and into the Heel T-Nuts. Hand tighten.
- Install the shoulder bolts. Tighten the bolts to 9 ft-lbs (12 Nm). Be sure to fully engage the hex tool and avoid over-torquing the bolts.
- Look through the clearance holes in the foot plate and twist the assembly until the Heel T-Nuts are centered in the clearance holes.
- Tighten the screws to 9 ft-lbs (12 Nm).

Foot Size	Toe Spring Category					
	1	2	3	4	5	6
23-24	16	16	16	18	18	NA
25-26	16	16	18	18	18	NA
27-28	16	18	18	18	18	18
29-30	18	18	18	18	18	18
31	18	18	18	18	18	18

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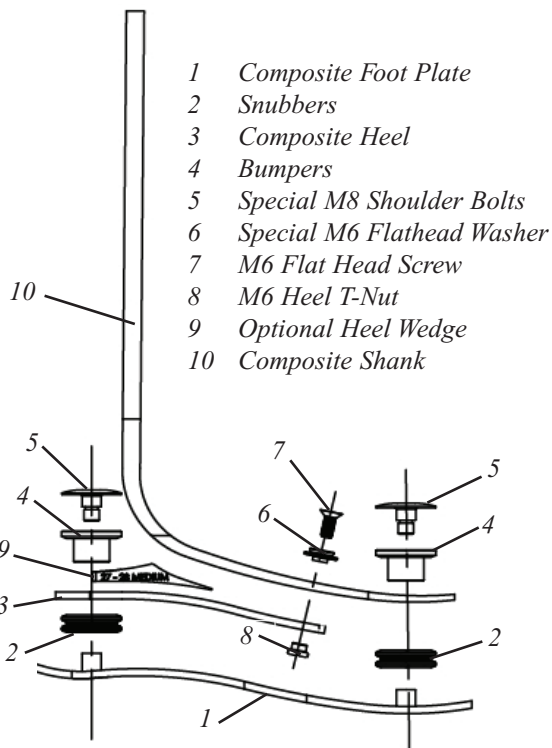
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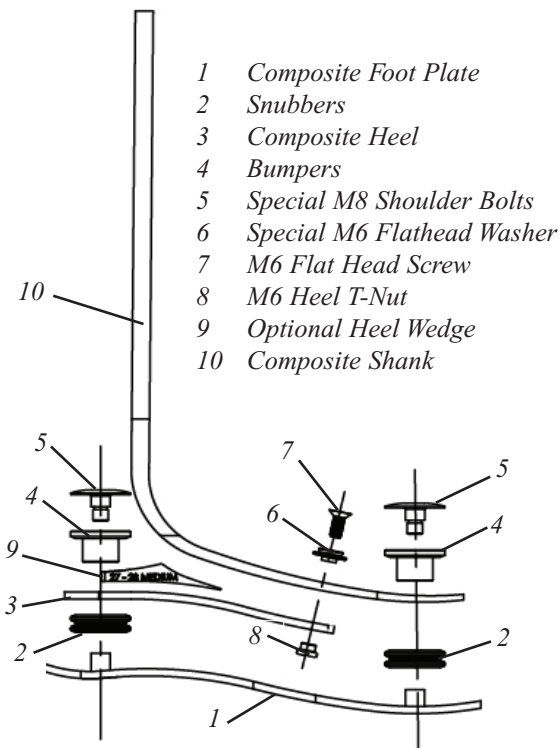


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- 1 Composite Foot Plate
- 2 Snubbers
- 3 Composite Heel
- 4 Bumpers
- 5 Special M8 Shoulder Bolts
- 6 Special M6 Flathead Washer
- 7 M6 Flat Head Screw
- 8 M6 Heel T-Nut
- 9 Optional Heel Wedge
- 10 Composite Shank



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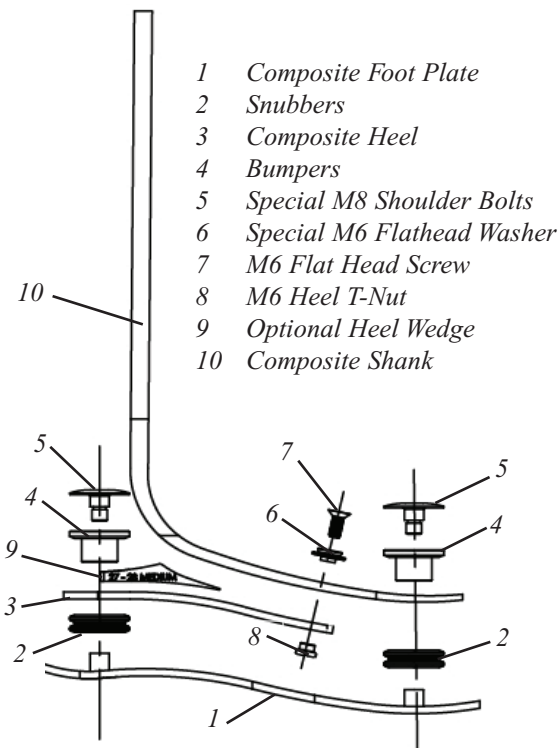
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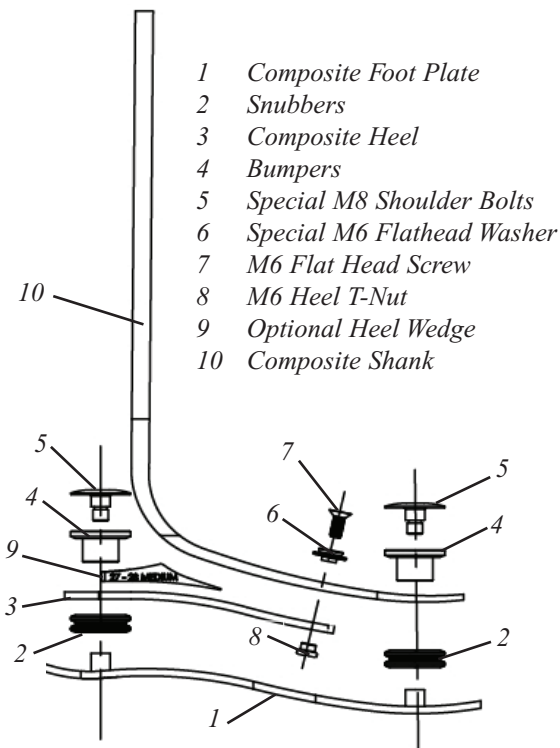


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