

Pathfinder® II Patient Instructions

CLEANING

Clean the Pathfinder II periodically with body soap and water.

If you expose the Pathfinder II to sand or salt water:

- Remove the foot shell and Spectra Sock.
- Clean out the sand.
- Clean the Pathfinder II, the foot shell, and the Spectra Sock with body soap and water.
- Allow the foot shell and Spectra Sock to dry before reassembling.
- Contact your prosthetist if you are not comfortable with removing the foot shell yourself.

CHANGING THE AIR PRESSURE

When you receive your Pathfinder II from your prosthetist, ask your prosthetist how much air pressure is in the Pneumatic Heel Spring. Record the amount of air pressure for your reference. In most cases, you will probably want to keep that amount of air pressure in the Pneumatic Heel Spring. However, after you have gotten used to your Pathfinder II, you may want to increase or decrease the air pressure to accommodate any changes in your gait. Note: If your prosthetist did not give you a Hand Air Pump when you received your Pathfinder II, then you will need to go to your prosthetist to have the air pressure changed.

To change the air pressure:

- Remove the Valve Cap from the Schraeder Valve on the Pneumatic Heel Spring. (If you have a foam cover over your prosthesis, use the Rubber Removal Tool to remove the Valve Cap.)
- Attach the Hand Air Pump to the Schraeder Valve by threading the connector at the end of the Pump onto the Valve. (If you have a foam cover over your prosthesis, screw the Schraeder Valve Extension onto the end of the Hand Air Pump so that it will reach the Valve.) Be careful not to cross-thread the connector on the end of the pump.
- Check the pressure reading on the Hand Air Pump gauge. The gauge should show the amount of air pressure in the Pneumatic Heel Spring. If the pressure reading is zero, the hand pump is not installed all the way onto the Schraeder Valve.
- Compress the handle of the pump to increase the pressure, or press the black Pressure Release Button (below the gauge) to reduce the pressure. WillowWood recommends adjusting the pressure by 10 psi at a time, as you are not likely to notice any increase smaller than 10 psi. To compensate for air that will be lost when you disconnect the pump, add a little more air into the Pneumatic Heel Spring than the actual desired amount.
- Unscrew the Pump from the Valve.
- Replace the cap on the Schraeder Valve.

IMPORTANT

If you notice anything unusual about your Pathfinder II, such as a change in toe or heel pressure, contact your prosthetist immediately.

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